Snuggled beneath these holiday flannel sheets, visions of sugarplums will no doubt be dancing through the dreams of your special little one. Non-traditional colors and cheerful trims add to the whimsical feel of these festive linens.
Bright stripes provide an unexpected departure from traditional holiday colors for these soft flannel sheets.
Supplies

- Twin flannel sheet set
- Coordinating bath and hand towel
- 2 yards of tone-on-tone holiday print (two yards allow for cutting the sheet band in one continuous length. Use the remaining yardage to complete the pillow sham.)
- 1/2 yard of fabric for welting
- Mesh cut-away and water-soluble stabilizer
- Embroidery, bobbin and sewing thread
- 22” zipper
- 2 yards of 1”-wide ribbon
- 5 1/2 yards of pom-pom trim
- 4 yards of 1/4”-diameter cotton cord
- 7” x 67 1/2” strip of batting
- 1/2”-wide water-soluble basting tape
- Temporary spray adhesive
- Rotary cutter, acrylic ruler and cutting mat
- Feet: Welting, zipper, edge-stitching and free-motion quilting
- Temporary spray adhesive
- Removable marker
- Holiday embroidery designs of your choice

Getting started

- When selecting ribbons and trims for linens and towels, be sure to consider care instructions and age appropriateness of the trims.
- For projects that will be laundered frequently, polyester embroidery and construction thread is recommended.
- Launder the flannel sheets several times before embellishing to eliminate shrinkage.

Sheets

Note: Instructions are based on a twin-size bed sheet, approximately 65” wide. Adjust accordingly for other sizes

- Determine the width of the finished embroidered band (the sample band finished size is 6”). Add 2” to the desired finished band measurement to determine cutting width.
- From the holiday tone-on-tone print, cut a strip of fabric the determined cutting width, along the fabric length.
- Mark the center of the fabric strip with removable marker.

- Print design templates and position on the band in the desired arrangement. Mark the design placement.
- Hoop mesh cut-away stabilizer, spray with temporary adhesive and adhere the sheet in place beginning with the center motif; align the guide marks. Pin outside the embroidery for extra hold.
- Embroider the design. Re-hoop and embroider motifs until the border is complete.
- Trim the excess stabilizer and jump threads.
- Press well from the wrong side. Adhere batting to the wrong side of the embroidered band with temporary spray adhesive. Attach a free-motion quilting foot to the machine and stipple around the embroidery.
- Trim the band to the finished width plus 1”.
- To make custom welting:
  - From the welting fabric, cut four 1 1/2”-wide strips across the fabric width. Sew the short ends of the strips together to create one continuous length of fabric.
  - Wrap the bias wrong sides together over the cord and stitch 1/8” from the cord using a zipper or piping foot to hold the cord in place (A).
- Attach the welting to the sheets as follows:
  - Position the welting 1/8” inside the band seam-line with the corded portion facing away from the seam allowance and all raw edges matching (B). Adjust the needle position close to the welt.
  - Using a removable marker, draw a line approximately 3” from the upper edge of the sheet, on
the right side of the fabric. Use basting tape to position a length of pom-pom trim along the marked line, with pom-poms pointing towards the upper edge of the sheet. Baste in place using an edge-stitching foot as an aid in keeping the stitching line even along the trim edge (C).

Align the center of the embroidered band over the center of the sheet with the band lower edge over the pom-pom trim header (short edges of band will extend past sides of sheet). Note: Because the sheet will be folded over a comforter or blanket, stitch the band to the right side of the sheet with the embroidery lower edge toward the sheet upper edge. Stitch-in-the-ditch along the welting (D). Repeat along remaining band edge.

Trim the band end 3/4" past the side of the sheet. Cut a length of 1"-wide ribbon, 2" longer than the band. Sew the ribbon edge to the band, 3/4" from the band cut edge (E on page 62). Fold the ribbon upper edges over the band upper and lower extensions; fold the band extension toward the back of the sheet along the ribbon stitching line. Hand-stitch the ribbon to the back of the sheet.

## Pillow sham

To create the front of the pillow sham, cut a 21 1/2" x 27 1/2" rectangle from the pillowcase. Position the pom-pom trim on the right side of the rectangle, pom-poms pointing toward the center of the rectangle. Use basting tape to hold it in place; stitch.
To create the back of the sham, cut a 15 1/2” x 21 1/2” and an 18 1/4” x 21 1/2” rectangle from holiday tone-on-tone fabric. Right sides together and using a 1/2” seam allowance, baste the rectangles together along the 21 1/2” edge. Press the seam allowance open.

Insert the zipper into the seamline and then remove the basting stitches.

Mark a foldline 3” from the zipper on the 18 1/4” side. Fold along the marked line and press. Topstitch 2 1/2” from the fold. Press the tuck over the zipper; baste across the upper and lower edge. Unzip approximately 1”.

Right sides together, sew the sham front to the back around the perimeter using a 1/4” seam allowance, and making sure the pom-poms are pointing away from the seam allowance. Clip across the corners; turn right side out through the zipper opening and press.

**Towels**

Position a length of 1”-wide ribbon along the lower edge of the bath and hand towels, using basting tape to hold it in place; turn the short ends under to finish. Topstitch in place, using an edge stitching foot for ease in keeping the stitching aligned with the ribbon edge.

Hoop mesh cut-away stabilizer, spray with temporary adhesive and adhere the hand towel in place. Place a piece of water-soluble stabilizer over the embroidery area.

Embroider the design over the ribbon. Un-hoop and remove the stabilizer.

Sew a length of pom-pom trim along the lower edge of the hand towel.

Jennifer Gigas travels and teaches as an Education Consultant for Bernina of America. Her work has appeared in a variety of sewing and embroidery related publications.

Designs: Embroidables.com, Renae’s Christmas 1, designs Season to be Jolly, Ornament Ribbon